

# FREEDOM<sup>®</sup> Thumb Spicas

# **Protective Positioning**

Motion restriction with the FREEDOM to function









800.225.2610

Made in the USA

## Support with the **FREEDOM**<sup>®</sup> to function

# **Flexible Shells**

A flexible AliSoft<sup>™</sup> shell with wide elastic strap placement makes it possible for a nonrigid shell to effectively restrict motion while offering support. Unlike traditional rigid casts or splints, these splints are adjustable and supple enough to compensate for changes in thumb volume.

#### The better way to limit motion and keep your FREEDOM to function

FREEDOM Thumb Spicas provide off-the-shelf solutions for effective, protective positioning and restriction of painful thumb joints. Choose from Flexible Shells or Rigid Shells to help avoid motions that cause pain while performing daily activities.

Flexible AliSoft<sup>™</sup> Shells with wide elastic straps are nonrigid shells that restrict motion and offer support. Splints are trimmable with scissors so the distal edge of the thumb post doesn't interfere with IP joint motion.

Rigid Shells offer greater protection and support for injuries such as navicular, scaphoid, acute de Quervain's syndrome, and tendonitis. Thumbs are positioned in opposition while eliminating motion of MP and CMC joints.





Place gel anywhere in splint

Sizing: Measure circumference of hand at MP joints. S/M, up to 73/4"; M/L,73/4"+. #51274 SOFTGEL SPICA Specify S/M or M/L and Left or Right.





Features long thumb and full wrist support

Sizing: Measure circumference of hand at MP joints. S/M, up to 73/4"; M/L, 73/4"+.

#5833 S/M, LEFT
#5834 M/L, RIGHT
#5835 M/L, LEFT

### FREEDOM<sup>®</sup> SoftGel<sup>™</sup> Thumb Spica

Gel insert helps with scar management

- Includes mineral oil-infused gel to aid scar management
- Versatile positioning of gel pad
- Heat-moldable foam to customize fit

Best for: post-surgical healing, soothing and shaping of surgical incision

#### FREEDOM<sup>®</sup> Wrist/Thumb Spica

Full thumb and wrist support

- Restricts all thumb and wrist motion
- Trim with scissors to allow for IP joint motion

Best for: collateral ligament support, carpal tunnel, de Quervain's syndrome, acute rheumatoid arthritis





Terrycloth liner wicks moisture and releases heat

Sizing: Measure circumference of hand at MP joints. S/M, up to 73/4"; M/L, 73/4"+.

BEIGE	BLACK	
#5782	#5482	S/M, RIGHT
#5783	#5483	S/M, LEFT
#5784	#5484	M/L, RIGHT
#5785	#5485	M/L, LEFT

## FREEDOM<sup>®</sup> Thumb Spica

Won't trap heat

- Terrycloth liner wicks moisture
- Adjust with scissors to limit interference with IP joint motion

Best for: de Quervain's syndrome, MP and CMC arthritis

# **Rigid Shells**

Rigid shells effectively immobilize the CMC and MP thumb joint and offer greater protection and support for navicular injury, scaphoid injury, acute de Quervain's syndrome, and tendonitis. Depending on construction of the splint, minor adjustments can be made with a heat gun or simply by bending.



## **Rigid Thumb Spica**

Protects like a cast

- Rigid Kydex<sup>®</sup> shell
- Evazote® foam liner
- Spiral-wrap, elastic hook-and-loop closure
- Adjusts with heat gun

*Best for: navicular injury, scaphiod injury, de Quervain's syndrome, or tendonitis* 

Sizing: Measure width of MP joints from radial aspect of index finger to ulnar aspect of little finger. S,  $2^{1/4}$ "- $2^{3/4}$ "; M,  $2^{3/4}$ "- $3^{1/4}$ "; L,  $3^{1/4}$ "- $3^{3/4}$ ".

#5611 Specify size and Left or Right.



# Support without restriction

AliMed's FREEDOM line of orthopedic splints gives just what the name implies—FREEDOM to function in a free and independent way while restricting motion only where needed. FREEDOM means maintaining independence in daily activities while effectively restraining and controlling designated muscles and joints...whether at work, rest, or play!



SUPPORT OF A CUSTOM... RIGHT OUT OF THE BOX! ThumbKeeper" Splint



EASILY ADJUST FOR PROPER ALIGNMENT Premium Knee Orthosis

AliMed.com



EASY TO FIT AND ADJUST Swedish AFO



FLEXIBLE SHELL FOR EASIER AMBULATION Dorsal PF Night Splint

## See all our FREEDOM products at AliMed.com/splints-and-braces

Any order placed before 3 p.m. EST, if in stock, ships the same day! Prices, product availability, and specs are subject to change. Pub. #6911REV0921 Product #11546 ©2021 AliMed® Inc. All rights reserved. • Printed in USA.

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